



**FIND HOPE HERE**

## Options For Change Program Objectives

- To provide Treatment & support Recovery from Substance Abuse and Addiction.
- To teach about the disease of Addiction
- To treat the disease of Addiction
- To facilitate change & growth
- To build healthy relationships
- To improve physical, emotional, spiritual and mental health.

**S E R V I N G   T H E  
C O U N T I E S   O F  
S U T T E R   A N D   Y U B A**

**1965 Live Oak Boulevard**

**Yuba City, California 95992**

**Business Hours: 8:00 am to 5:00 pm**

**Monday through Friday**

**Phone: (530) 822-7200**

**Email:**

**SUDSOpenAccess@co.sutter.ca.us**

**A BI-COUNTY SERVICE OF SUTTER-  
YUBA BEHAVIORAL HEALTH**

***As the light grows  
brighter so do our...***

# **OPTIONS FOR CHANGE**



**Phone: (530) 822-7200**

## **Mission**

The Sutter-Yuba Bi-County Behavioral Health Substance Use Disorder Services provides, safe, confidential, evidence based, whole person care to adult and youth Medi-Cal Beneficiaries.

Options For Change staff are committed to safeguarding the emotional, social and physical well being of those we serve. Staff teach, model and promote a recovery lifestyle while working to improve the health and quality of the Sutter-Yuba Communities.

## **Philosophy**

Addiction is a disease;  
Addiction is treatable;  
Recovery is possible.

We strive to be  
Professional;  
Welcoming;  
Accepting;  
Hard working;  
Honest; and  
Willing to help anyone who is seeking to get out of the bondage of addiction..



## Options for Change Programs & Services

Individuals seeking information, referrals and treatment for Substance Abuse and/or Addiction can find assistance through Options For Change.

Options for Change offers a wide array of treatment services.. Services are offered after Triage, Screening and a Full Assessment is completed on each person seeking services.

### Available Programs:

- Group Outpatient and Intensive Outpatient Substance Use treatment for Adults and Youth.
- Group Dual Engagement treating those with a Co-occurring Mental Health & Substance use illness.
- Drug Courts

### Services Available by Referral:

- Medication Assisted Treatment
- Residential Treatment
- Withdrawal Management

## ADULT DRUG COURT

Drug Courts are offered in both Sutter and Yuba Counties. Referral to Drug Court is initiated by a probation officer, defense attorney or Judge. A multi-disciplinary team is assigned to each court to provide services to selected participants. The program provides judicially monitored community supervision, treatment, drug testing, and other ancillary services, as needed. The Drug Court Team will screen and determine eligibility & suitability for those who are referred to the program.

## OUTPATIENT and INTENSIVE OUTPATIENT PROGRAMS

require a minimum off twenty-four (24) weeks in program.

- **Outpatient** clients participate in three (3) hours of group treatment per week. In addition, individual counseling, drug testing, community support meeting attendance and other identified service need follow ups are required.
- **Intensive Outpatient** clients participate in a *minimum* of nine (9) hours of group treatment per week. In addition, individual counseling, drug testing, community support meeting attendance and other identified service need follow ups are required.
- Individualized treatment goals are developed and monitored to ensure progress.
- After care is required for a minimum of eight (8) weeks, after completing treatment.

## REFERRALS FOR

## MEDICATION ASSISTED TREATMENT

## WITHDRAWAL MANAGEMENT

## RESIDENTIAL TREATMENT

Options for Change has professional relationships with local area Medication Assisted Treatment (MAT), Withdrawal Management and Residential treatment providers.

The above referrals are available and offered when the need is identified through screening and assessment.

Call our office for more information..

## TO ACCESS TREATMENT SERVICES, INFORMATION AND REFERRALS CALL OPTIONS FOR CHANGE

@

(530) 822-7200



S E R V I N G   T H E  
C O U N T I E S   O F  
S U T T E R   A N D   Y U B A

1965 Live Oak Boulevard  
Yuba City, California 95992  
Business Hours: 8:00 am to 5:00 pm  
Monday through Friday

Phone: 530-822-7200  
Fax: 530-822-3296  
sudsopenaccess@co.sutter.ca.us  
Or slee@co.sutter.ca.us