

YCCSC 2025 Agency Management Accomplishments (090)

#1 Describe a notable management accomplishment achieved by the agency during the reporting year (2025). Describe how responsible, informed leadership and effective, efficient processes led to high-quality, accessible, and well-managed services and strategies.

Yuba County Community Services Commission sub-grantee, Child Advocates of Placer, Yuba and Sutter County (CASA) reported the following management changes:

In 2025, we implemented a bold and innovative restructuring of our organizational framework to better align our staffing capacity with the needs of the youth and families we serve. Recognizing the importance of adaptability and resource optimization, we eliminated two leadership roles—a Director and a Lead Program Manager—in our CASA program. While this could have been seen as a challenge, it became an opportunity for transformation. Instead of backfilling these roles, we empowered existing staff with strong tenures in program development and management to step into leadership positions. This not only fostered professional growth and internal development but also created a more streamlined and dynamic leadership structure.

The cost savings from this restructuring were strategically reinvested into two critical areas: Volunteer Recruitment and Community Engagement. With additional resources devoted to these departments, we've achieved remarkable outcomes. We successfully recruited more volunteers than in the previous year, expanding the impact of our efforts to foster youth and families. Additionally, our enhanced focus on Community Engagement has allowed us to build a stronger, more recognizable brand within the community, amplifying our mission and broadening support for our programs.

The restructuring was not just a logistical change; it was a strategic pivot toward sustainability, efficiency, and organizational growth. By empowering our team, optimizing resources, and prioritizing direct impact, we've strengthened our ability to serve our community while creating a model of adaptability and creativity that will yield results for many years to come.

#2 Provide an example of ways in which the agency addressed a cause or condition of poverty in the community using an innovative or creative approach. List the following headers with your response:

Agency/Program Name: Yuba County Community Services Commission sub-grantee, New Day Training Center, Group Therapy Program

CSBG service category: Health and Social/Behavioral Development

Description of program: New Day Training Center operates a comprehensive access-to-care and capacity-building service model designed to reduce barriers to behavioral health services for low-income, uninsured, underserved populations, and students in Sutter and Yuba Counties. The program serves individuals and families experiencing economic hardship and limited access to care, and functions as a 96% Medi-Cal clinic. During the reporting year, the agency delivered over 15,000 clinical service sessions.

Services are provided year-round and include sliding scale therapy, pro bono mental health services, grant-funded therapeutic groups, and trauma-informed clinical care utilizing Somatic Experiencing (SE) principles. Group services are typically structured in 8–10 week cycles throughout the year. Clinicians and trainees participated in two 4-day Somatic Experiencing trainings, expanding the organization's capacity to deliver trauma-informed, body-based therapeutic interventions. Over 5,000 clinical sessions were delivered using Somatic Experiencing-informed approaches during the reporting period.

The program operates throughout Sutter and Yuba Counties and prioritizes accessible, community-based, culturally responsive service delivery for individuals and families with limited financial resources.

How innovative/creative: The agency's approach is innovative through its integration of trauma-informed training, workforce development, and direct service delivery into a unified access-to-care model. New Day Training Center implemented a body-based therapeutic framework by training master's-level students and clinicians in Somatic Experiencing, enabling them to deliver trauma-informed, nervous-system-based care to low-income and underserved populations. This model represents a new service approach within the region and expands access to evidence-informed trauma treatment for communities that traditionally lack access to specialized services.

The program is further innovative in its capacity-building structure, which simultaneously develops a trained clinical workforce while expanding community access to care. By embedding advanced trauma training within a community clinic setting, the organization created a sustainable service pipeline that strengthens clinical quality, service availability, and long-term system capacity.

In addition, the program implemented an integrated family-support model by pairing grant-funded parenting groups with a parallel, peer counselor-led childcare and emotional regulation group. This model removed access barriers for parents, supported family engagement, and created a dual-generation service structure that addressed both adult and child emotional well-being while strengthening participation and retention in services.

Outcomes achieved: The program delivered over 15,000 clinical sessions during the reporting year, including over 5,000 sessions utilizing Somatic Experiencing-informed approaches. Hundreds of individuals and families accessed services through sliding scale and pro bono programming, and multiple grant-funded therapeutic groups were implemented across the year in Sutter and Yuba Counties.

Grant-funded group services demonstrated measurable client outcomes, including improved emotional regulation, increased engagement in self-care activities, enhanced emotional identification skills, and improved family functioning. Parenting group documentation reflects structured curriculum delivery, consistent participation, pre- and post-assessment tracking, and positive behavioral and emotional changes among participants.

In parallel, a peer counselor-led childcare and emotional regulation group was implemented alongside the parenting group to support family access and engagement. Documentation shows consistent participation by children, structured trauma-informed activities (including grounding techniques, emotional identification, breathing exercises, and regulation strategies), and improvements in emotional expression, self-regulation, and social engagement among participating children.

Clinician and peer counselor reports further indicate faster activation of body-based regulation strategies and improved emotional processing capacity among clients receiving Somatic Experiencing-informed services.

How CSBG funds were used: CSBG funds were used to support clinician compensation, group facilitation, trauma-informed training costs, administrative and program coordination support, reporting and compliance infrastructure, community outreach activities, client support services, program evaluation, and organizational infrastructure necessary to sustain service delivery. Funding directly supported the expansion of access to care, workforce development, service delivery capacity, and long-term sustainability of trauma-informed programming for low-income and underserved populations.

Local partners involved and how contributed: Local partnerships were central to program implementation and outreach. Partners included schools throughout Sutter and Yuba Counties, which supported referrals and access

to services; churches and faith-based organizations that supported community outreach and engagement; referral agencies including Casa de Esperanza; Sutter-Yuba Behavioral Health; and local clinical practitioners and community-based service providers. These partnerships strengthened referral pathways, community trust, service coordination, and access for underserved populations.

#3 Provide an example of changes made by the agency in 2025 to improve service delivery and enhance impact for individuals, families, and communities with low incomes based on their in-depth analysis of performance data. Include if your agency added any new services/programs and if so, what and when. List the following headers with your response:

Yuba County Community Services Commission sub-grantee, Yuba-Sutter Food Bank reported the following:

Problem: Additional pantry locations and distribution times were needed to ensure food access in more neighborhoods and to better accommodate varying schedules for individuals and families.

Insight/change based on performance data: Through ongoing conversations with clients, partner agencies, and staff, the agency identified consistent feedback indicating gaps in geographic coverage and limited access due to distribution schedules. This qualitative performance data highlighted the need for expanded outlets and increased flexibility in service delivery.

Changes made: The agency increased the number of USDA food distributions and added six new partner agencies to expand food access in underserved neighborhoods. In addition, one existing partner agency added two new pantry locations, further increasing availability and convenience for clients.

2025 Yuba County Community Services Commission

Bridges to Housing Casa de Esperanzas Child Advocate s Habitat for Humanity- Rents Habitat for Humanity- Empower New Day Training Salvation Army YS Food Bank Yuba-Sutter Legal Center SYHC YCCSC Board of Directors **Total Served**

Module 4-Blule Service Tabs Individuals Served

1. Employment Indicators

Skills Training and Opportunities for Experience (SRV 1a-f)												
SRV 1a Vocational Training										not		0
SRV 1b On-the-Job and other Work Experience										directly		0
SRV 1c Youth Summer Work Placements										serve		0
SRV 1d Apprenticeship/Internship										clients		0
SRV 1e Self-Employment Skills Training										with		0
SRV 1f Job Readiness Training										CSBG		0
Career Counseling (SRV 1g-h)												
SRV 1g Workshops										funds		0
SRV 1h Coaching												0
Job Search (SRV 1i-n)												
SRV 1i Coaching												0
SRV 1j Resume Development												0
SRV 1k Interview Skills Training												0
SRV 1l Job Referrals												0
SRV 1m Job Placements												0
SRV 1n Pre-employment physicals, background checks, etc.												0
Post Employment Supports (SRV 1o-p)												
SRV 1o Coaching												0
SRV 1p Interactions with employers												0
Employment Supplies (SRV 1q)												
SRV 1q Employment Supplies												0

2. Education and Cognitive Development Indicators

Child/Young Adult Education Programs (SRV 2a-j)												
SRV 2a Early Head Start												0
SRV 2b Head Start												0
SRV 2c Other Early-Childhood (0-5 yr. old) Education												0
SRV 2d K-12 Education												0
SRV 2e K-12 Support Services												0
SRV 2f Financial Literacy Education												0
SRV 2g Literacy/English Language Education												0
SRV 2h College-Readiness Preparation/Support												0
SRV 2i Other Post Secondary Preparation												0
SRV 2j Other Post Secondary Support												0
School Supplies (SRV 2k)												
SRV 2k School Supplies												0
Extra-curricular Programs (SRV 2l-q)												
SRV 2l Before and After School Activities												0
SRV 2m Summer Youth Recreational Activities												0
SRV 2n Summer Education Programs												0
SRV 2o Behavior Improvement Programs (attitude, self-esteem, Dress-for-Success, etc.)												0
SRV 2p Mentoring												0
SRV 2q Leadership Training												0
Adult Education Programs (SRV 2r-z)												
SRV 2r Adult Literacy Classes												0
SRV 2s English Language Classes												0
SRV 2t Basic Education Classes												0
SRV 2u High School Equivalency Classes												0
SRV 2v Leadership Training												0
SRV 2w Parenting Supports (may be a part of the early childhood programs identified above)												0
SRV 2x Applied Technology Classes												0
SRV 2y Post-Secondary Education Preparation												0
SRV 2z Financial Literacy Education											14	14
Post-Secondary Education Supports (SRV 2aa)												

2025 Yuba County Community Action Agency Sub-Grantee Worksheet ANNUAL REPORT

Module 4, Section C All Characteristics Report

Sutter
Yuba
Homeless

Bridges to Housing Annual Casa de Esperanza Annual Child Advocates Annual Habitat for Humanity-both contracts Annual Yuba Sutter Legal Services - Annual New Day Training Annual YS Food Bank Annual Salvation Army Annual Consortiums Annual Total Annual

INDIVIDUALS

A	Total unduplicated number of all INDIVIDUALS about whom one or more characteristics were obtained	200	288	13	1,266	257	157	Not	494	257	2,932
B	Total unduplicated number of all HOUSEHOLDS about whom one or more characteristics were obtained	86	227	9	819	252	133	Serve	18	95	1,639

1 GENDER-number of individuals

a	Male	82	35	6	572	100	62		277	108	1,242
b	Female	118	249	7	668	157	89	Ind.	217	149	1,654
c.	Other							Clients			0
d.	Unknown/not reported										0
TOTAL GENDER		200	284	13	1,240	257	151	0	494	257	2,896

2 AGE-number of individuals

a	0-5	21	7		97				15	29	169
b	6 to 13	40	30		126			25	18	66	305
c	14 -17	18	17		63			14	18	30	160
d	18-24	18	23		81			33	34	19	208
e	25-44	48	120	13	339			53	80	80	733
f	45-54	22	33		172			15	98	19	359
g	55-59	7	12		114			6	80	4	223
h	60-64	16	5		123	48	6		73	4	275
i	65-74	9	11		90	114	2		17	4	247
j	75+	1	1		27	95			7	2	133
k	Unknown/not reported		29		34			3	54		120
TOTAL AGE		200	288	13	1,266	257	157	0	494	257	2,932
18 plus		121	205	13	946	257	115	0	389	132	2,178

3 EDUCATION LEVELS--number of individuals ages 14-24

a	0-8	2	4					18			24
b	9-12/Non-Graduate	8	15		8			17		30	78
c	High School Graduate	17	2		22			9			50
	GED/Equivalency Diploma	8			3						11
d	12 grade+ Some Post Secondary	1	3					1			5
e	2 or 4 yr. College Graduate							2			2
f	Graduate of othr post-secondary school		1								1
g	Unknown/not reported		15		111			0	52	19	197
TOTAL EDUCATION ages 14-24		36	40	0	144	0	47	0	52	49	368
14-24		36	40	0	144	0	47	0	52	49	368

3 EDUCATION LEVELS--number of individuals ages 25+

a	0-8	25			38	7	3				73
b	9-12/Non-Graduate	29	4	5	178	37	3				256
c	High School Graduate	13	15	4	268	62	22				384
	GED/Equivalency Diploma	26			42	25	6				99
d	12 grade+ Some Post Secondary	10	14		34	53	19				130
e	2 or 4 yr. College Graduate		11		14	71	10				106
f	Graduate of othr post-secondary school		4			2	7				13
g	Unknown/not reported		134	4	291		12		355	113	909
TOTAL EDUCATION ages 25+		103	182	13	865	257	82	0	355	113	1,970
25+		103	182	13	865	257	82	0	355	113	

4 DISCONNECTED YOUTH- number of individuals

a	Youth ages 14-24 who are neither working or in school	1			1		8			42	52
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5 HEALTH- number of individuals

a	<i>Disabling Condition</i>										
	Yes	49	21	1	342	106	19			38	576
	No	134	3	12	892	151	49			218	1,459
	Unknown/not reported	17	264		32		89		494	1	897
TOTAL DISABLING CONDITION		200	288	13	1,266	257	157	0	494	257	2,932

2025 Yuba County Community Action Agency Sub-Grantee Worksheet ANNUAL REPORT

Sutter
Yuba
Homeless

	Bridges to Housing Annual	Casa de Esperanza Annual	Child Advocates Annual	Habitat for Humanity-both contracts Annual	Yuba Sutter Legal Services - Annual	New Day Training Annual	YS Food Bank Annual	Salvation Army Annual	Consortiums Annual	Total Annual
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b Health Insurance

Yes	188	119	8	1,163	255	134			245	2,112
No	12	8		43	2	8			12	85
Unknown/not reported		161	5	60		15		494		735
TOTAL HEALTH INSURANCE	200	288	13	1,266	257	157	0	494	257	2,932

If individual reported that they had Health Insurance, please identify the source of health insurance below. C1-c8 can be greater than 5b

Health Insurance Sources

c.1	Medicaid	177	92	7	1,084	110	101		239	1,810
c.2	Medicare	12	6	1	131	204	4		5	363
c.3	State Children's Health Insurance Program		4				4			8
c.4	State Health Insurance for Adults		5		6	29	14			54
c.5	Military Health Care	5	4		5	15			1	30
c.6	Direct-Purchase		2		2	46	2			52
c.7	Employment Based	5	6		1		9			21
c.8	Unknown/not reported	1		5	37		15		12	70
c.9	TOTAL	199	119	8	1,266	404	134	0	0	2,338

6 ETHNICITY/RACE - number of individuals

	<i>Ethnicity</i>										
a.1	Hispanic, Latino or Spanish Origins	74	61	2	224	21	37		64	17	500
a.2	Not Hispanic, Latino or Spanish Origins	125	119	8	1,005	234	91		64	64	1,710
a.3	Unknown/not reported	1	108	3	37	2	29		366	176	722
	TOTAL ETHNICITY	200	288	13	1,266	257	157	0	494	257	2,932

	<i>Race</i>										
b.1	American Indian and Alaskan Native	13	2	2	34	4	2		4	7	68
b.2	Asian	2	3		24	3	4		9	6	51
b.3	Black or African American	13	12		131	8	6		25	20	215
b.4	Native Hawaiian and Other Pacific Islander	8	1		8				1	7	25
b.5	White	107	97	5	717	211	84		244	118	1,583
b.6	Other	13	48	1	11	8	11		64	53	209
b.7	Multi-Race (any 2 or more of the above)	41	23		227	1	17		15	41	365
b.8	Unknown/not reported	3	102	5	114	22	33		132	5	416
	TOTAL RACE	200	288	13	1,266	257	157	0	494	257	2,932

7 MILITARY STATUS- number of individuals 18+

a.	Veteran	5	2		22	30	2				61
b.	Active Military		2		2						4
	Never served in the Military	116		13	913	227	104			128	1,501
c.	Unknown/not reported		201		9		9		389	4	612
	TOTAL MILITARY STATUS	121	205	13	946	257	115	0	389	132	2,178
	18+	121	205	13	946	257	115	0	389	132	2,178

8 WORK STATUS - number of individuals 18+

a.	Employed Full-Time	29	22	1	9	19	25			14	119
b.	Employed Part-Time	13	10		6	9	12			17	67
c.	Migrant Seasonal Farm Worker	1					1				2
d.	Unemployed (Short-Term, 6 months or less)	12	29	3	2	2	5			7	60
e.	Unemployed (Long-Term, more than 6 months)	15	31	2	1	10	7			12	78
f.	Unemployed (Not in Labor Force)	39	9	1	30	2	59			4	144
g.	Retired	3	2		34	214	2			3	258
h.	Unknown/not reported	9	102	6	864	1	4		389	75	1,450
	TOTAL WORK STATUS	121	205	13	946	257	115	0	389	132	2,178
	18+	121	205	13	946	257	115	0	389	132	

2025 Yuba County Community Action Agency Sub-Grantee Worksheet ANNUAL REPORT

	Bridges to Housing Annual	Casa de Esperanza Annual	Child Advocates Annual	Habitat for Humanity-both contracts Annual	Yuba Sutter Legal Services - Annual	New Day Training Annual	YS Food Bank Annual	Salvation Army Annual	Sutter Yuba Homeless Consortium Annual	Total Annual
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HOUSEHOLD LEVEL CHARACTERISTICS

9 HOUSEHOLD TYPE- number of households

a	Single Person	32	101		535	149	10		26	853	
b	Two Adults - No Children	14	11	1	94	65	18		6	209	
c	Single Parent/Female	23	68	2	97		14		37	241	
d	Single Parent/Male	2	1	1	9		4		6	23	
e	Two-Parent Household	13	25	3	57		46		19	163	
f	Non-related Adults with Children	1	1		6					8	
g	Multigenerational Household	1	5		6	10	34		1	57	
h	Other		4		7	28	7			46	
i	Unknown/not reported		11	2	8			18		39	
TOTAL HOUSEHOLD TYPE		86	227	9	819	252	133	0	18	95	1,639

10 HOUSEHOLD SIZE-number of households

a	Single Person	32	101		535	149	10		26	853	
b	Two	20	52	2	141	65	22		25	327	
c	Three	15	26		50	18	39		18	166	
d	Four	14	21	1	25	13	18		15	107	
e	Five	3	12	2	16	5	18		4	60	
f	Six or more	2	4	2	17	2	26		7	60	
g	Unknown/not reported		11	2	35			18		66	
TOTAL HOUSEHOLD SIZE		86	227	9	819	252	133	0	18	95	1,639

11 HOUSING--Number of households

a	Own		19		12	155	27		3	216	
b	Rent	56	77	5	59	87	16		80	380	
c	Other permanent housing	1	8		242	3	4			258	
d	Homeless	28	38	4	473	5	2			550	
e	Other	1	33		14	2	7			57	
f	Unknown/not reported		52		19		77	18	12	178	
TOTAL HOUSING		86	227	9	819	252	133	0	18	95	1,639

12 households

a	Up to 50%	11	40	5	397	10	21		45	529	
b	51% to 75%	6	12	1	109	20	4		13	165	
c	76% to 100%	12	3	1	184	47	4		17	268	
d	101% to 125%	18	5	1	40	22	3		6	95	
e	126% to 150%	16	1		34	36	3		5	95	
f	151% to 175%	7	4	1	11	19	3		3	48	
g	176% to 200%	16			6	21	2		5	50	
h	201% to 250%		3		7	16	2		1	29	
i	250% and over		2		6	61	12			81	
j	Unknown/not reported		157		25		79	18		279	
TOTAL LEVEL OF HOUSEHOLD INCOME		86	227	9	819	252	133	0	18	95	1,639

13 SOURCES OF HOUSEHOLD INCOME

a	Income from employment only	14		2	535	15	29		8	603	
b	Income from Employment and Other Income Source	7		1	94	20	12		1	135	
c	Income from Employment, Other Income Source, and Non-Cash Benefits	9			97	3			6	115	
d	Income from Employment and Non-Cash Benefits	12	4		9	3			9	37	
e	Other Income Source only	6	16	1	57	129	8		6	223	
f	Other Income Source and Non-Cash Benefits	27	18	2	6	79			39	171	
g	No Income	7	13	2	6		6		10	44	
h	Non-Cash Benefits Only	4	27	1	7	3	14		16	72	
i	Unknown/not reported		149		8		64	18		239	
TOTAL		86	227	9	819	252	133	0	18	95	1,639

2025 Yuba County Community Action Agency Sub-Grantee Worksheet ANNUAL REPORT

Sutter
Yuba
Homeless

	Bridges to Housing	Casa de Esperanza	Child Advocates	Habitat for Humanity- both contracts	Yuba Sutter Legal Services - Annual	New Day Training	YS Food Bank	Salvatio n Army	Consorti um	Total
	Annual	Annual	Annual	Annual	Annual	Annual	Annual	Annual	Annual	Annual

Below, please report the types of Other income and/or non-cash benefits received by the households who reportd sources other than employment

14 OTHER INCOME SOURCE-number of households (13b,c,e,f)

a	TANF	5	14	2	116	5	8	34		176
b	Supplemental Security Income (SSI)	18	10		230	35		10		311
c	Social Security Disability Income (SSDI)	9	5	1	106	10		6		137
d	VA Service-Connected Disability Compensation	1	1		1	1	3			7
e	VA Non-Service Connected Disability Pension				4	2				6
f	Private Disability Insurance	1								1
g	Worker's Compensation	1	1		2					4
h	Retirement Income from Social Security	3			34	203		2		242
i	Pension	1				80		1		82
j	Child Support	1	2	2	7	2	7	1		22
k	Alimony or other Spousal Support				1	1				2
l	Unemployment Insurance	2			15	1		3		21
m	EITC	1								1
n	Other	1	1	2	27	6	1	4		42
o	Unknown/not reported	1		1	177		1			180
13bcef--no numbers above can be over this #		49	34	4	254	231	20	0	0	52

15 NON-CASH BENEFITS- number of households ((13c, d, f, h)

a	SNAP	52	46	3	119	85	14	70		389
b	WIC	2	9	1	1		1			14
c	LIHEAP	1				2	1			4
d	Housing Choice Voucher	1			3	8	1			13
e	Public Housing	1								1
f	Permanent Supportive Housing			1						1
g	HUD-VASH									0
h	Childcare Voucher				2					2
i	Affordable Care Act Subsidy									0
j	Other				1	7				8
k	Unknown/not reported				11					11
13cdfh--no numbers above can be over this #		52	49	3	119	88	14	0	0	70